

# 2012 VISAA State Wrestling Tournament

VISAA is proud to host the 42nd Annual VISAA State Wrestling Tournament. Please read the following information and share it with your parents, wrestlers, and staff.

**DATES:** Fri & Sat, February 17<sup>th</sup> & 18<sup>th</sup>

**SITE:** Hermitage High School  
8301 Hungary Spring Road  
Richmond, VA 23228

Coaches & fans – we have a website for the tournament!

[www.VISAAwrestling.com](http://www.VISAAwrestling.com)

**TIMES:** See last page for schedule.

**FORMAT:** This is a 32-man, double-elimination tournament following National Federation Rules.

**HOST HOTEL:** Super rates! Only \$49.99 per room for teams and parents! Just 2 miles from Hermitage. Call and make sure you ask for the VISAA State Wrestling Rates.

**Quality Inn West End**  
8008 West Broad Street, Richmond, VA  
(804) 346-0000

**TICKETS & PASSES:** Please share these prices with your parents/fans ahead of time.

- Adults - \$10.00 per day or \$18 for a two-day tournament pass.
- High school & College Students (must show I.D.) – \$6.00 per day or \$10.00 for a two-day tournament pass.
- Middle school and under – Free
- Faculty & Administrator Passes honored

Each coach will receive a packet containing three (3) coaching passes and four (4) other general tournament passes for the head coach to hand out at his discretion to managers, scorekeepers, video people, or wrestlers. All passes are WRISTBANDS and MUST BE WORN ON ONE'S WRIST to be admitted (especially for readmission on Saturday). **Do not fasten them to clothing, purses, etc.** Please comply with this request. Wrestlers in uniform do not need a pass. If a wrestler is knocked out of the tournament Friday night (and will not be in uniform Saturday) see the announcer for a pass to get in the next day.

## CONTACTS & INFORMATION:

Steve Castle – VISAA  
School Phone: 703-933-4059  
Cell: 703-969-7443  
Fax: 703-933-3018  
E-mail: [SRC@episcopalhighschool.org](mailto:SRC@episcopalhighschool.org)

Tim Donahue  
Tournament Director  
Cell: 804-837-8051  
E-mail: [donahuetj1@gmail.com](mailto:donahuetj1@gmail.com)

**NO OPEN MATS OR SCALES THURSDAY NIGHT!** Teams should work out at their home schools as usual on Thursday.

## ENTERING THE SCHOOL ON FRIDAY:

School will be in normal session all day on Friday. Students are not dismissed until 3:45 pm. Please do not enter the school before 3:45. When arriving, park in the overflow lot off Hungary Spring Road at the front of the school. When the teachers and students leave the main parking lot will be available.

Use the main entrance to the school (by the flag poles); do not try to use any other entrances, do not park in the stadium lot. When entering report directly to the auditorium for weigh-ins. The auditorium is just off the main Commons area, we'll direct you.

# OFFICIAL ENTRY FORMS & REGISTRATION PROCEDURES

## REGISTRATION: TWO STEP PROCESS - Online & Faxing

**1. On-line registration. Each coach will register their team & individual wrestlers online.** In order to do this, coaches are to send an e-mail to our online registrar, Mr. Jonathan Gosney, requesting instructions (you should do this NOW). His e-mail is:

Jonathan's e-mail is: [visaawrestling@gmail.com](mailto:visaawrestling@gmail.com) Cell: 804-338-7899

The sooner you get instructions from Jonathan, the sooner you can register online. Please do not wait until the last minute to register! **You must complete an initial online registration by 12:00 pm noon on Monday, Feb 13. It's very important you enter your tentative line up by this time.** We need this information for preliminary seeding and to make sure you know how to use the online registration. **You'll be able to make changes to your entries up until 7:00 pm on Thursday, Feb 16. At that point, your entries shall be considered final and the online screen will lock down prohibiting you from making any more changes.** You can also go to go to the website and click on the "Availability Report" and see all the entrants per weight class. Each wrestler's seed will also be posted on the "Availability Report" by Friday morning. If you notice a problem (such as having the same wrestler entered in two different weight classes, or a wrestler isn't posted), please notify Tim Donahue early Friday morning! While we will make last minute adjustments due to errors **no changes or substitutions in line up will be permitted, again, line-ups lock down Thursday evening!**

**2. NWCA verification and SEEDING information. By 12:00 pm on Monday, Feb13, e-mail an NWCA-generated weigh-in sheet and record sheets to Steve Castle and your regional representative.** This weigh-in sheet must reflect the most recent weigh-in as stipulated by rules. The regional reps are:

Northern Region: Joe Shabelski	<a href="mailto:jshabelski@ssas.org">jshabelski@ssas.org</a>
Central/Peidmont: John Gordon	<a href="mailto:gordonj@stcva.org">gordonj@stcva.org</a>
Tidewater Regional: Bob Needham	<a href="mailto:BNEEDHAM@norfolkacademy.org">BNEEDHAM@norfolkacademy.org</a>
Southwest: Jeff Capps	<a href="mailto:jfcapps@liberty.edu">jfcapps@liberty.edu</a>

**NWCA WEIGHT ALLOWANCE RULES:** In order to be eligible for VISAA tournament, each wrestler must be certified under the National prep guidelines: (<http://www.natprepwestling.com/Preps/2010NatPrepWtManagement.pdf>).

To be specific, a wrestler must be entered in the NWCA weight management program and have made scratch weight at least one time prior to the VISAA tournament. Coaches are expected to e-mail and bring a weigh-in sheet generated by the NWCA website which certifies each wrestler's eligibility based on their most recent weigh-in. The weight for Friday will be base + 2 and the weight for Saturday will be base + 3.

**SEEDING MEETING:** The seeding meeting will be by the Executive Committee via conference call early Wednesday or Thursday evening. Steve Castle will notify committee members of time and details.

**SKIN CHECKS & SKIN CONDITIONS:** Wrestlers should present themselves well groomed, nails cut and clean shaven at weigh-ins. Thorough skin checks will be done at Friday's weigh-in and again on Saturday if necessary. It is very important that wrestlers with any questionable skin conditions have the proper medical clearance forms immediately available. **Coaches should thoroughly check each wrestler prior to coming to the tournament for any possible skin conditions and have in-hand written documentation from a medical doctor addressing any and all skin conditions.** We will follow VHSL Rule 4-2-3 which states: *"If a participant is suspected by the referee of having a communicable skin disease or any other condition that makes participation appear inadvisable, his coach shall provide current written documentation from a physician stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to his opponent. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate. This document shall be furnished at the weigh-in or upon arrival at the site of dual meet or tournament."*

If there is a problem, the wrestler will be referred to the tournament medical staff (which may be the head trainer) who will confer with the head official and reach a conclusion as to whether or not the wrestler can compete. **The decision will be made immediately and there will be no additional time allowed to visit an area health care provider to secure documentation.** We may not have medical doctor available at weigh-ins, so it is very important that coaches and wrestlers come prepared with the proper clearance forms. If a wrestler is disqualified for skin problems, his matches will be forfeited. Have the proper VHSL skin form.

**SKIN CHECK FORMS:** The following site has the proper skin check form. Please go to the site and download what you need. <http://www.vhsl.org/skinlesionform.pdf>

**AWARDS:** Medals for top six placers. We will wrestle to 7<sup>th</sup> & 8<sup>th</sup> place (for team points) and the top 8 will be honored on the award podium. But only the top 6 will receive a medal. Team trophies for top 6 teams in tournament and additional award trophies for the top team for mid-sized schools (enrollment 125-200) and small-sized schools (enrollment 125 or less). Outstanding Wrestler Awards for three divisions: Lightweights (103-130), Middleweights (135-152) and Upperweights (160-275). Award for Most Falls in Least Time and Sportsmanship Award.

**FINALS:** All placement matches will wrestle simultaneously per weight class.

**HOSPITALITY:** A hospitality room will provided for coaches and Tournament Staff on Saturday compliments of the wrestling parents of Collegiate, Benedictine and St. Christopher's and VISAA. The room is for coaches, administrators & tournament staff. Please have your yellow VIP wristband on for admittance. No students, managers, or wrestlers allowed in hospitality room.

**MATS:** 6 mats will be used throughout the tournament Friday evening and Saturday morning until approximately 12:00 noon. Two mats are in Commons A and 4 mats are in the main gym. When we get to the Championship Semi-Finals, all wrestling (including remaining consolations) will be moved to the main gym on 4 mats. We'll have warm up areas in the main commons.

**TABLE WORKERS:** We would appreciate it if teams could help with the tables if need be. If every team can have at least one person willing to work a table (running a clock or tapping) it will really help.

**PARKING:** Plenty of parking out front of the main entrance once school is over on Friday. If your arrive earlier than 3:45, park your school vans, busses and cars in the huge overflow lot to the right of the main entrance off Hungary Spring Road. You can move your vehicles closer to the school once teachers & students have left the main lot.

**PROGRAM:** We would like to have team picture from every school, and some shots of your better wrestlers, captains, etc. Take some digital pictures with captions and send them via e-mail to [rvagraphics@aol.com](mailto:rvagraphics@aol.com) . **The deadline for these pictures is Monday Feb 13<sup>th</sup>**. Please help out here and send us pictures, we want to make sure every team is represented.

# Schedule

## 2012 VISAA State Wrestling Tournament

Hermitage H.S. 8301 Hungary Spring Road, Richmond, VA 23228

**Monday, Feb 13** – Coaches e-mail Record Sheets & weigh-in sheet to regional representatives & Steve Castle. Also, post your tentative line-up on the tournament website.

**Wednesday, Feb 15** - Seeding meeting via conference call; time to be arranged by Steve Castle.

**Thursday, Feb. 16** - Online registration closes at 7:00 pm Thursday. No lineup changes after this time. Teams practice as usual at home schools; no mats or scales available at VCU.

### Friday, February 17

**3:45 pm** – Enter school and report to the auditorium for weigh-ins. Please do not show up earlier than this.

**4:00 pm - Weigh-ins & Skin Checks.** Scratch plus 2 pounds (Only if wrestler has met NWCA guidelines.) Each team must produce an NWCA-generated weigh-in sheet that reflects most recent weigh-in. Please have your wrestlers clean shaven, nails cut and in possession of any necessary skin clearance forms.

**4:00** – Doors open to public & tickets sold. Please tell fans not to arrive earlier than this.

**6 pm - Wrestling begins in this order & last match called at 10:25 pm.**

- Preliminary Championship Round 1 (Round of 32) – (6 mats)
- Consolation Round 1 – mostly byes, will go real fast (6 mats)
- Championship Round 2 (Round of 16) – (6 mats)
- Consolation Round 2 – (6 mats)
- Championship Round 3: Quarter Finals (6 mats) – if possible, may have to wait until Saturday morning

### Saturday, Feb 18<sup>th</sup> (Session II)

8:00 am Weigh-ins. One additional pound

9:00 am Wrestling starts in this order

- 3<sup>rd</sup> round Consolations (6 mats)
- 4<sup>th</sup> round Consolations (6 mats)

#### Reduce to 4 mats in main gym

- 4<sup>th</sup> round Championships (Semi-Finals)
- 5<sup>th</sup> Round Consolations

Wrestling will continue basically non-stop throughout the day with pauses only to accommodate for the 45 minute recovery time.

And once we start, all times are approximate; any changes will be announced over the PA.

- 6<sup>th</sup> Round Consolations (Consolation Semi-Finals)
- 7<sup>th</sup> Round Consolations for 7<sup>th</sup> & 8<sup>th</sup> place matches, on 4 mats.

**4:00 pm (Approx.)** Set up for finals & Parade of All-State Wrestlers (placers 1-8).

**4:30 Finals medal matches** for 1<sup>st</sup> & 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup> will be run on 3 mats in main gym.

Awards & podium pictures will be done at the conclusion of ALL wrestling. Wrestlers placing 1-8 are to remain in warm ups for pictures. A picture of all champions will be taken at the conclusion of the finals.

# **GIVE THIS PAGE TO YOUR ASSISTANT OR A PARENT WITH A CAMERA**

## **PROGRAM PICTURES & INFORMATION:**

Please take a minute to have your assistant, manager or one of your parents to take a team picture and some individual pictures of your seniors or outstanding kids for our program. Send these pictures along with captions to [RVAGraphics@aol.com](mailto:RVAGraphics@aol.com) (Scholastic Sports 1-800-378-3752). This needs to be done ASAP before Feb 13. The pictures don't need to be elaborate, use a digital camera, and maybe take it during practice one day or just before a wrestling match. Not having your team photo and information about kids might upset your wrestlers and parents as to why your team wasn't included in the program. Send pictures to [rvagraphics@aol.com](mailto:rvagraphics@aol.com) Attn: VISAA State Tournament

**DO NOT** send the pictures to Tim Donahue!

Thanks!

Tim Donahue  
VISAA Tournament Director