

2010 VISAA State Wrestling Tournament

VISAA is proud to host the 40th Annual VISAA State Wrestling Tournament. Please read the following information and share it with your parents, wrestlers, and staff.

DATES: Fri & Sat, February 19-20

SITE: St. Christopher's School
711 St. Christopher's Road
Richmond, VA 23226

Coaches & fans – we have a
website for the tournament!

www.VISAAwrestling.com

TIMES: See attached schedule

FORMAT: This is a 32-man, double-elimination tournament following National Federation Rules.

HOST HOTEL: Super rates! Only \$69 per room for teams and parents! Newly renovated and only a few miles from STC. Call and make sure you ask for the VISAA State Wrestling Rates.

Holiday Inn Richmond – I64 West End
2000 Staples Mill Road
Richmond, VA 23230
Hotel Front Desk: 1-804-359-6061
Hotel Fax: 1-804-3593177

Marvin T. Hymes
Sales Manager
Holiday Inn I64 Westend
804 521 5482
administrator@holidayinni64.com

TICKETS & PASSES: Please share these prices with your parents/fans ahead of time.

- Adults - \$8.00 per day or a \$15 for a two-day tournament pass.
- High school Students – \$5.00 per day or \$7.00 for a two-day tournament pass.
- Middle school and under – Free
- Faculty & Administrator Passes honored

Each coach will receive a packet containing three (3) coaching passes. Each team will receive also four other tournament passes for the head coach to hand out at his discretion to managers, scorekeepers, video people, or wrestlers. If a coach needs more than three coaching passes, see the tournament director.

BRING FOLDING CHAIRS – Tell parents to bring folding chairs as bleacher seating is limited.

CONTACTS & INFORMATION:

Wortie Ferrell – VISAA
School Phone: 703-933-4013
Cell: 703-307-5870
Fax: 703-933-3018
E-mail: LMF@episcopalhighschool.org

Tim Donahue
Tournament Director
Home: 804-550-1044
Cell: 804-837-8051
E-mail: tjdonahu@henrico.k12.va.us

NO OPEN MATS THURSDAY NIGHT! Coaches and wrestlers will **NOT** have access to mats nor scales Thursday evening at STC. Teams should work out at their home schools as usual on Thursday.

OFFICIAL ENTRY FORMS & REGISTRATION PROCEDURES

REGISTRATION: TWO STEP PROCESS - Online & Faxing

1. On-line registration. Each coach will register their team & individual wrestlers online. In order to do this, coaches are to send an e-mail to our online registrar, Mr. Jonathan Gosney, requesting instructions (you should do this NOW). The sooner you get instructions from Jonathan, the sooner you can register online. Please do not wait until the last minute to register! **You must complete an initial online registration by 12:00 pm noon on Monday, Feb 15. It's very important you enter your tentative line up by this time. We need this information for preliminary seeding and to make sure you know how to use the online registration. You'll be able to make changes to your entries up until 8:00 pm on Thursday, Feb 17. At that point, your entries shall be considered final and the online screen will lock down prohibiting you from making any more changes.** Friday morning (Jan 19) you'll be able to go to the website and click on the "Availability Report" and see all the entrants per weight class and their seed ranking. If you notice a problem (such as having the same wrestler entered in two different weight classes, please notify Wortie Ferrell immediately). **You must notify Wortie of any problems by 10:00 am. However, no changes or substitutions in line up will be permitted.**

Jonathan's e-mail is: visaawrestling@gmail.com

Phone: 804 – 322-9108

2. Fax registration. Also, by 12:00 pm on Monday, February 15, coaches are required to FAX their **VISAA Tournament Individual Record Sheet** and the **VISAA Official Entry Sheet** (enclosed) to their regional representative **AND** fax another copy of the **VISAA Official Entry Sheet** to Wortie Ferrell (Fax number: 703933-3018).

SEEDING MEETING: The seeding meeting will be by the Executive Committee via conference call early Wednesday or Thursday evening. Wortie Ferrell will notify committee members of time and details.

NWCA WEIGHT ALLOWANCE RULES: In order to be eligible for VISAA tournament, each wrestler must be certified under the National prep guidelines:

(<http://www.natprepwestling.com/Preps/2010NatPrepWtManagement.pdf>).

To be specific, a wrestler must be entered in the NWCA weight management program and have made scratch weight at least one time prior to the VISAA tournament. Coaches are expected to present weigh-in sheet generated by the NWCA website which certifies each wrestler's eligibility based on their most recent weigh-in. The weight for Friday will be base + 2 and the weight for Saturday will be base + 3.

SKIN CHECKS & SKIN CONDITIONS: Wrestlers should present themselves well groomed, nails cut and clean shaven at weigh-ins. Thorough skin checks will be done at Friday's weigh-in and again on Saturday if necessary. It is very important that wrestlers with any questionable skin conditions have the proper medical clearance forms immediately available. **Coaches should thoroughly check each wrestler prior to coming to the tournament for any possible skin conditions and have in-hand written documentation from a medical doctor addressing any and all skin conditions.** We will follow VHSL Rule 4-2-3 which states: "*If a participant is suspected by the referee of having a communicable skin disease or any other condition that makes participation appear inadvisable, his coach shall provide current written documentation from a physician stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to his opponent. Covering a communicable condition shall not be considered acceptable and*

does not make the wrestler eligible to participate. This document shall be furnished at the weigh-in or upon arrival at the site of dual meet or tournament.”

If there is a problem, the wrestler will be referred to the tournament medical staff who will confer with the head official and reach a conclusion as to whether or not the wrestler can compete. **The decision will be made immediately and there will be no additional time allowed to visit an area health care provider to secure documentation.** We may not have medical doctor available at weigh-ins, so it is very important that coaches and wrestlers come prepared with the proper clearance forms. If a wrestler is disqualified for skin problems, his matches will be forfeited. VHSL Skin Forms are enclosed.

SKIN CHECK FORMS: The following site has the proper skin check form. Please go to the site and download what you need. <http://www.vhsl.org/skinlesionsform.pdf>

AWARDS: Medals for top six placers. Team trophies for top 6 teams in tournament and additional award trophies for the top team for mid-sized schools (enrollment 125-200) and small-sized schools (enrollment 125 or less). Outstanding Wrestler Awards for three divisions: Lightweights (103-130), Middleweights (135-152) and Upperweights (160-275). Award for Most Falls in Least Time and Sportsmanship Award.

FINALS: All placement matches will wrestle simultaneously per weight class in the main gym.

HOSPITALITY: A hospitality room will be provided for coaches and Tournament Staff compliments of the wrestling parents of Collegiate and St. Christopher's and the VISAA. Appreciate that without an official host school the room may not be as extensive as it has been in the past. The room is for coaches, administrators & tournament staff. Please have your yellow VIP wristband on for admittance. No students, managers, or wrestlers allowed in hospitality room.

MATS: 6 mats will be used throughout the tournament. We may use less than this number as time restraints dictate. An additional mat will be available for warm ups

TABLE WORKERS: We would appreciate it if teams could help with the tables. If every team can have at least one person willing to work a table (score/time) it will really help. We're hoping that some of the more established programs can adopt a table providing scorekeeper and timer throughout the tournament. This worked well last year and we'd like to continue it. Such workers will receive a free pass into the tournament and we'll do our best to keep them supplied with food and drink.

CONCESSIONS & FOOD: There will be special tables set up for coolers for the teams in the Wrestling Gym. Concessions will be provided by STC parents

PROGRAM: We would like to have team picture from every school, and some shots of your better wrestlers, captains, etc. Take some digital pictures with captions and send them via e-mail to rvagraphics@aol.com. **The deadline for these pictures is Monday Feb 15th.** Please help out here and send us pictures, we want to make sure every team is represented.

BRING FOLDING CHAIRS – Tell parents to bring folding chairs as bleacher seating is limited.

Schedule

2010 VISAA STATE WRESTLING TOURNAMENT at St. Christopher's School, 711 St. Christopher's Road, Richmond, VA 23226

Monday, Feb 15 – Coaches fax Record Sheets & Entry Form to regional representatives & Wortie Ferrell. Also, post your tentative line-up on the tournament website.

Wednesday, Feb 17 - Seeding meeting via conference call; time to be arranged by Wortie Ferrell.

Thursday, Feb. 18 - Online registration closes at 8:00 pm Thursday. No lineup changes after this time. Teams practice as usual at home schools; no mats or scales available at STC.

Friday, February 19

3:00 pm - Scales will open to check weight in Wrestling Gym. Please do not show up earlier than this.

3:30 pm - **Weigh-ins & Skin Checks.** Scratch plus 2 pounds (Only if wrestler has met NWCA guidelines.) Each team must produce an NWCA-generated weigh-in sheet that reflects most recent weigh-in. Please have your wrestlers clean shaven, nails cut and in possession of any necessary skin clearance forms.

4: 00 – **Doors open to public & tickets sold.** Please do not enter the wrestling area earlier than this.

5:00 pm - Wrestling begins in this order & should end around 10:30 pm.

- **Preliminary Championship Round 1 (Round of 32) – 6 mats**
- **Consolation Round 1 – 6 mats (mostly byes)**
- **Championship Round 2 (Round of 16) – 6 mats**
- **Consolation Round 2 – 6 mats**
- **Championship Round 3: Quarter Finals (6 mats)**

Other than the start times of 5 pm Friday and 10 am Saturday, all other times are approximate. If possible, we will start other rounds earlier! Changes will be announced during the tournament.

Saturday, Feb 20

9:00 am – **Weigh-ins** (1 additional pound). Doors will open for wrestlers at 8:00 to check weight.

9:00 am - **Doors open for public & ticket sold.**

10:00 am Wrestling Begins in this order

- **Consolation Round 3 - 6 mats**
- **Consolation Quarter Finals - Round 4 & Championship Semi-Finals run simultaneously on 3 mats each**
- **Consolation Round 5 – 6 mats (may need a 30 min break after this round)**
- **Consolation Semi-Finals Round 6 (Round of 4) – 6 mats**

A coaches meeting will be called sometime Saturday, probably after Consolation Round 5

3:30 pm Set up for medal round (all finals) followed by Parade of Finalists

4:00 pm Finals (Approximate start time). All placers 1st through 6th will wrestle simultaneously

Awards & podium pictures will be done four weigh classes at a time commencing at the conclusion of 125 lbs. etc. Wrestlers are to remain in warm ups for pictures. A picture of all champions will be taken at the conclusion of the finals.

GIVE THIS PAGE TO YOUR ASSISTANT OR A PARENT WITH A CAMERA

PROGRAM PICTURES & INFORMATION:

Please take a minute to have your assistant, manager or one of your parents to take a team picture and some individual pictures of your seniors or outstanding kids for our program. Send these pictures along with captions to RVAGraphics@aol.com (Scholastic Sports 1-800-378-3752). This needs to be done ASAP before Feb 15 The pictures don't need to be elaborate, use a digital camera, and maybe take it during practice one day or just before your opening match in December. Not having your team photo and information about kids might upset your wrestlers and parents as to why your team wasn't included in the program. **DO NOT** send the pictures to Tim Donahue, send them to rvagraphics@aol.com

But do, send me tjdonahu@henrico.k12.va.us an e-mail containing a short paragraph about your team this year, highlighting your kids, seniors, returning stars, captains, expectations etc. I'll include this in the program. I call this section "Comments from the Coach."

BRING FOLDING CHAIRS – Tell parents to bring folding chairs as bleacher seating is limited.

Thanks!

Tim Donahue
VISAA Tournament Director

